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# **Levels of Stromal Derived Factor-1 (SDF-1) and Brain Derived Neurotropic Factor (BDNF) and Very Small Embryonic-Like Cells (VSEL) in Ischemic Stroke Patients**

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Received 22 February 2016; Accepted 8 March 2016;  
Publication 25 April 2016

## **Abstract**

Ischemic stroke remains a major health problem associated with high mortality and severe morbidity. The challenge of treatment is to understand the process leading to endogenous neurorepair mechanism to ischemic stroke. This study tested the hypothesis that VSEL, SDF-1 and BDNF have important roles in the process endogenous neurorepair in response to ischemic stroke. Studies indicated an increase in SDF-1 and VSEL within one week of stroke. BDNF levels tapered after day 15. Together the studies indicated that BDNF levels were highest when measured within 7 days of stroke onset and decreased thereafter. SDF-1 and VSEL were highest at between 7 and 15 days of stroke onset. The findings indicated that SDF-1 could be key for VSEL to be mobilized as a natural repair process whereas BDNF might be the correlative response to prevent cell death.

**Keywords:** SDF-1, BDNF, VSEL, Ischaemic stroke.

*International Journal of Translational Science, Vol. 2016, 61–70.*

doi: 10.13052/ijts2246-8765.2016.004

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## 1 Introduction

Acute ischaemic stroke is a common problem that carries a significant risk of death and disability [1]. The incidence is approximately 12.1 per 1000 persons in the Indonesian population [2]. SDF-1 is the major chemoattractant for stem cells [3–6]. Very small embryonic-like cells (VSEL) is a population of stem cells identified in the bone marrow. Under steady-state conditions, VSEL circulate at very low levels in peripheral blood [7].

Stroke can trigger mobilization of VSEL that could have prognostic value [8]. Additionally, patient prognosis can also be predicted by levels of brain-derived neurotrophic factor (BDNF). BDNF is a neurotrophic factor that plays an important role in controlling intercellular and intracellular signaling pathways that sculpt neuronal circuits during brain development and fundamentally regulate plasticity as well as cell survival in the adult brain [9]. BDNF was shown to impart anti-apoptotic effects after stroke to reduce infarct size and secondary neuronal cell death [10]. To this end, this study measured the levels of SDF-1, BDNF and VSEL in ischemic stroke patients at different time points following onset of stroke.

## 2 Methods

### 2.1 Human Subjects

We enrolled acute ischemic stroke patient in The Central Hospital of the Army (RSPAD), Gatot Subroto Jakarta. Blood was obtained following informed consent approval. The study was approved by the Institutional Review Board. The patients were divided into 3 groups. Group A ( $n = 11$ ), patient with stroke onset less than 7 days ( $< 7$  days), group B ( $n = 12$ ), patient with stroke onset between 7–15 days and group C patient ( $n = 12$ ) with stroke onset more than 15 days. Diagnosis of ischemic stroke was made using clinical examination and magnetic resonance imaging (MRI) followed by interpretation by a staff neurologist.

### 2.2 Cytokine Quantitation

SDF-1 and BDNF levels from serum were measured using multiplex method with Luminex Magpix instrument (Bio-Rad). VSEL was quantified using flowcytometry (BD Biosciences, FacsCanto).

### 3 Result

Table showed the characteristics and normality test of 51 patients. The mean minimum and maximum values for SDF-1, BDNF and VSEL are also shown with the mean  $\pm$  SD noted in the right column.

Figure 1 showed the highest levels of SDF-1 in Group B (81 pg/ml). This correlated with an increase in VSEL (Figure 3). A similar finding with regards to correlation between SDF-1 and VSEL was reported for patients within 7–15 days of onset of stroke [8]. VSEL comprise a population of stemcells with embryonic stem cell like cell capability and may constitute the most primitive population of stem cells in bone marrow [11]. On the basis of this finding, it was postulated that a population of VSEL respond robustly to levels of SDF-1. This chemokine is upregulated in a hypoxia-dependent manner in damaged organs [10]. It is postulated that VSEL would home to the damaged organs or tissues in an attempt to contribute to regeneration [10, 12].

In a murine model of stroke, Kucia et al. [13] reported on an increase in SDF-1 during the first week following stroke. Our study showed that in period 7–15 days following onset of stroke, SDF-1 levels and VSEL numbers are highest, indicating that VSEL cells are mobilized into peripheral blood in the highest numbers during this period and is accompanied by higher levels of SDF-1 during this time.

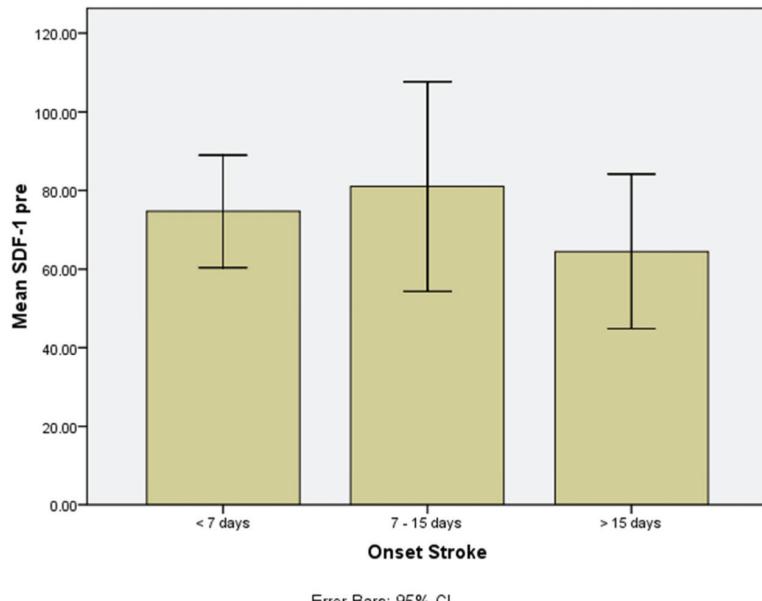
**Table 1** General characteristics of subjects and normality test (n = 51)

Variable	Min	Max	Mean $\pm$ SD
Age (Year)	38	79	59.6 $\pm$ 10.78
SDF-1 (pg/mL)	16.78	181.7	73.61 $\pm$ 32.13
BDNF (pg/mL)	6,105	28,781	16079 $\pm$ 5356.50
VSEL ( $10^3$ cells/ml)	1.62	746	58.42 $\pm$ 112.06

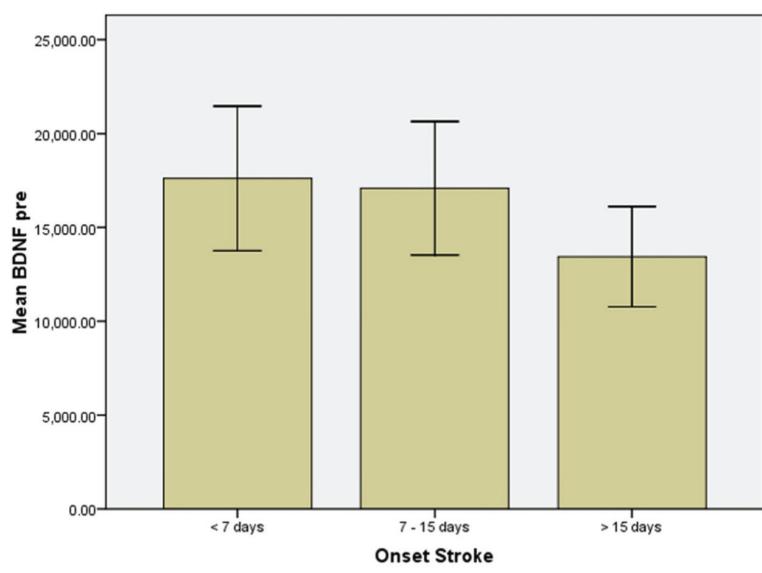
SDF-1: Stromal Derived Factor-1; BDNF: Brain-Derived Neurotrophic Factor; VSEL: Very Small Embryonic-Like Cells.

**Table 2** Comparison of biomarkers among groups

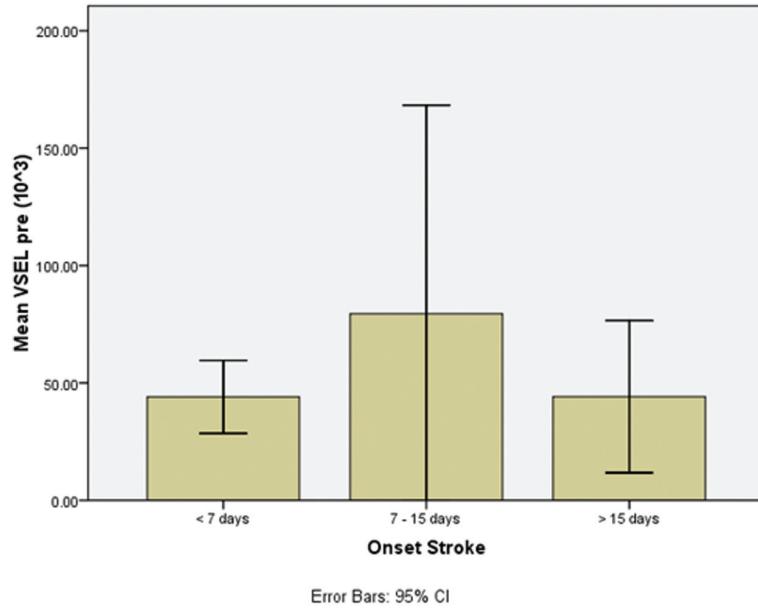
Clinical Characteristics	Subject Onset Group*		
	(A) <7 Days After Onset	(B) 7–15 Days After Onset	(C) >15 Days After Onset
Age (year)	61.54 $\pm$ 10.09	58.66 $\pm$ 10.76	58.36 $\pm$ 9.42
SDF-1 (pg/ml)	74.68 $\pm$ 21.23	81.00 $\pm$ 42.01	64.49 $\pm$ 29.25
BDNF (pg/ml)	18,291 $\pm$ 6437.62	17,092 $\pm$ 5599.40	13,437 $\pm$ 3978.14
VSEL ( $10^3$ cells/ml)	44.08 $\pm$ 30.17	79.49 $\pm$ 28.71	44.14 $\pm$ 38.74



**Figure 1** Graph of SDF-1 levels in stroke patients.



**Figure 2** Graph of BDNF levels in stroke patients.



**Figure 3** Graph of VSEL levels in stroke patients.

Our study further showed that levels of BDNF was the lowest in group C (patient with onset of stroke  $>15$  days). BDNF is involved in neuronal survival, synaptic plasticity [10]. Furthermore, BDNF has been shown to have antiapoptotic action after stroke [10]. BDNF can also contribute to recovery of skills after focal ischemia in rats and enhances poststroke sensorimotor recovery and stimulates neurogenesis [10]. Thus, the levels of BDNF remain high so that it can contribute to recovery after stroke. This is a preliminary case report and we plan to expand this study to monitor the same patient over time following onset of stroke to better understand the dynamics of these parameters following onset of stroke. Such understanding of the dynamic interplay of the parameters will allow us to better predict and develop methods to improve outcome in stroke patients.

### **Acknowledgement**

We wish to thank Prodia StemCell Indonesia (ProSTEM) and Prodia Education and Research Institute (PERI) for their support of this study.

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## Biographies



**B. W. Putera** holds a pharmacist at Padjadjaran University, Indonesia in 2006 and finished his Master from Hasanuddin University, Indonesia. He also actively involved in various research especially at the field of clinical chemistry and stem cells. He have many publication of papers: The Dynamic roles of Visfatin and Obestatin Serum Concentration in Pancreatic Beta Cells Dysfunction and Insulin Resistance in Centrally Obese Men where published in Indonesian Biomedical Journal, Factors Affecting The Acquisition of CD34 Cells From Umbilical Cord Blood where published in American Journal of Scientific Research.



**A. Wijaya** holds a pharmacist at Institute Technology Bandung, Indonesia in 1963 and finished his Ph.D in 1978 from University of Munster, Germany. He have many award from many organization: Golden Academy Award from National Academy of Clinical Biochemistry USA in 1987, doctor honoris causa in biomedical science from University of Birmingham in 1991, Hold Record of Achievement in Science from NACCCA, USA in 1994. He also actively involved in various research and development activities especially in the field of clinical chemistry and stem cell. Many scientific articles, papers, and research that related to the field of clinical chemistry and stem cells have been written by him.



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**Aw Tar-Choon** is expertis in the field of clinical chemistry and stem cells. He holds a medical doctor degree at University of Malaya and his Master in Harvard-National University of Singapore in 1992. He is a lecturer at University of Singapore, Singapore. He also actively involved in various research and development activities, especially in the field of clinical chemistry, endocrinology, stem cells and health policy. Many scientific articles, books, papers, and research that related to the field of research and development activities, especially in the field of clinical chemistry, endocrinology, stem cells and health policy have been written by him. He have many award from many organization: American Academy of Clinical Laboratory Physicians and scientist young investigator award in 1982 and 1983, Boehringer-Mannheim gold medal by Singapore Association of Clinical Biochemist in 1988, Becton-Dickinson award from Singapore Society of Pathology in 1996.

