# The Reliability and Validity Study of the Scale Measuring High School Students' Attitude Towards Biology: Using Factor Analysis

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## Abstract

This study focused on the statistical technique using factor analysis to validate the scale measuring high school students' attitudes towards Biology. The study sample consisted of 500 students (male = 220, female = 280) from public and private institutions offering high school education with Biology as an elective subject, in Islamabad. As part of this study, the scale developed by (Ahmad and Jamil, 2019) for the attitude of students towards biology was adopted. Research has shown that attitude and achievement are interrelated. Previously, research studies used exploratory factor analysis to analyze the validity of the scale construction. The present study used exploratory and confirmatory factor analysis to fill the gap in the literature because, after exploratory factor analysis, confirmatory factor analysis is required to test whether the models estimate the intended theoretical constructs. Following the procedure of factor analysis, six factors of the Biology Attitude Scale (BAS) were identified. The findings of the study show that the scale had

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a multidimensional construct. Further, the internal consistency reliability analysis was performed. Cronbach's alpha coefficient was 0.86 which shows high internal consistency. It is recommended that BAS is a reliable and valid measurement tool that can be used to determine the attitude of secondary students towards Biology.

**Keywords:** Attitude, reliability, factor analysis, biology, validity, exploratory factor analysis, confirmatory factor analysis.

## Introduction

At the secondary level of education in Islamabad (Pakistan), most of the students select biology as an elective subject rather than computer science. Despite the popularity of biology as a science subject, it is important to note that there is a question mark on students' achievement in SSC examinations in biology. Numerous factors affect students' learning in biology but the most debated factor in the existing literature is their attitude towards biology. Attitude may be positive, negative, or neutral as well. It can be defined as the concept that identifies someone's feeling of liking or disliking anything under consideration. Attitude may be considered as a method, disposition, awareness, or situation concerning an individual or object, predominantly related to the mind (Khan and Ali, 2012). There is a lack of agreement among researchers on the meaning of attitude because attitude is a multifaceted construct. According to Salta and Tzougraki (2004), an attitude is the predisposition to think, feel, or act positively or negatively towards objects in our surroundings.

Like attitude, the definition of attitude towards science coming to an issue among researchers. According to Osborne, Simon and Collins (2003), attitude consists of different sub-constructs which eventually give rise to a person's attitude towards science. Different components of attitude towards science have been discussed by different researchers (Crawley and Black, 1992; Gardner, 1975; Koballa, 1988; Oliver and Simpson, 1988; Salta and Tzougraki, 2004).

There is a need to clarify the concepts of attitude towards science and scientific attitude. Bennett (2003) makes the distinction between attitude towards science and scientific attitude. He considered attitude towards science as the views and images that the individual develops about science due to his interaction with different situations, while the term scientific attitude is perceived to be the ways and means of thinking or scientific method, which

involves skills and is related to the world of work. According to Yara (2009), attitude towards science denotes interest or feeling towards studying science. It is the students' disposition towards liking or disliking science.

According to Adesoji (2002), attitude is comprised of cognitive, emotional, and action tendencies toward a specific behavioral intent. He further added that attitude is an essential factor that ascertained students' achievement in science. Akinbobola, (2009), stated that attitude is the product of learning and modified through influence using various techniques. Attitude, once recognized, supports to outline experiences the individual has about an object or person. Though attitude changes gradually, people continuously form new attitudes and adjust to the previous one when they come across new information and new experience (Adesina and Akinbobola, 2005). It is more likely that students' attitude towards science influences their academic achievement in science rather than achievement influencing attitude (O' Connell, 2000).

Biology, being a natural science subject, comprising of contents about microscopic organisms related to the biosphere, all living things, and covering the earth's surface (Okwo and Tartiyus, 2004). Throughout the world, biology due to its characteristics and importance is considered a standard subject taught at all levels of an education system. It is one of the main subjects particularly at the Secondary School Certificate (SSC), required to accomplish the necessities of living a successful life (Akindele, 2009).

Several research studies have been reported in the literature regarding the relation of attitude towards science with gender. A study conducted by Jebson and Hena, (2015), who found out that gender affects the attitude of students toward science subjects which is not following the findings of Iranian secondary school students (Soltani and Nasr, 2010) and Greek secondary school students (Mavrikaki et al., 2012). A growing body of research studies suggested that Biology as an elective science subject is more popular among females than males (Jones et al., 2000; Prokop et al., 2007b; Usak et al., 2009).

Reid (2006), in measuring attitude while teaching science, has mentioned four objectives like the subject of science, learning science, a topic or a theme within the lesson, and methods within the subject of science. Among these objectives, the most widely studied is the attitude towards the subject of science (Kaya, 2012; Kind et al., 2007; Krough and Thomson, 2005; Osborne et al., 2003; Pell and Jarvis, 2001; Reid and Skryabina, 2002; Senturk and Ozdemir, 2014). In these studies, attitude towards the subject of science lessons was viewed as a sub-dimension of attitude towards the subject of

science. There are various researches in which only the attitudes of students towards science lessons were investigated. Here science lessons are meant for either general science or specific physics, chemistry, and biology lessons. The studies of Nuhoglu (2008), Shah and Mahmood (2011) can be given as examples of studies in which the attitudes towards science lessons were investigated; the analyses of Bennett (2001), Hancer, Uludag and Y1lmaz (2007), Kan and Akbas (2005) can be given as examples of studies in which the attitudes towards chemistry lesson were investigated; the studies of Atik et al. (2015), Ekici and Hevedanlı (2010), Kocakoglu and Turkmen (2010), Pehlivan and Koseoglu (2010) and Prokop et al. (2007) can be given as examples of projects in which attitudes towards biology lesson were researched, and the works of Demirci (2004), Kaya and Boyuk (2011), Kurnaz and Yigit, (2010), Ozyurek and Eryılmaz (2001) and Tekbıyık and Akdeniz (2010) can be given as examples of ideas which investigate attitudes towards physics lesson. Numerous such studies demand the need for attitude scales.

From the Pakistani perspective, there are some research studies concerning students' attitude towards science in general (Iqbal et al., 2008; Anwar et al., 2012) and subjects like chemistry and biology in specific (Khan and Ali, 2012; Ahmad and Jamil, 2019). The purpose of the present study was the reliability and validity study of the scale measuring high school students' attitude towards Biology at the secondary level.

## **Research Questions**

This study was conducted to investigate the following research questions:

- i. Does the biology attitude scale have appropriate validity?
- ii. Does the biology attitude scale have suitable reliability?
- iii. Is there any significant difference between the attitude of male and female students toward biology at the secondary level?
- iv. Is there any significant difference between the attitude of public and private students toward biology at the secondary level?

# Method

#### Sample

The population of the study was comprised of all students opting for biology as an elective subject at the secondary level in Islamabad. A total of 500 students were selected from eight (08) different institutions in Islamabad. The number of public and private students in the sample is given in Table 1.

Table 1	Sample in detail					
Type of School	Male	Female	Total			
Public	103	194	297			
Private	117	86	203			
Total	220	280	500			

It is suggested that the size of samples should be larger for conducting factor analysis to ensured more precise and stable estimates of factor loadings in the population, however, there is little agreement as to how large a sample must be to yield such estimates (Hogarty et al., 2005). Comrey and Lee (1973) described the size of a sample as follows: 100 = poor, 200 = appropriate, 300 = good, 400 = very good, 1000, and more=perfect. The researcher selected 500 students for the present study which is a good sample size for factor analysis.

#### Instrument

The research instrument used in this study was the Biology Attitude Scale (BAS) was initially developed and validated by Ahmad and Jamil (2019). To develop the scale, a draft of 40 items on seven different constructs was developed. The draft scale was tested on 200 9th grade biology students (girls = 97, boys = 103). The construct validity of BAS was determined by performing exploratory factor analysis with a varimax rotated method. Then, the final scale was reduced to 25 items with six factors explaining 52.2% of the total variance. Further, the Cronbach alpha reliability coefficient of the biology attitude scale was found as 0.81. Finally, a reliable and valid instrument was obtained for measuring a student's attitude toward biology.

In the present study, BAS consists of 25 items on 5-point Likert-type scales with six different constructs about the attitudinal object. Students' response was recorded on the scale ranging from 1 = Strongly disagree to 5 = Strongly agree. The scale has a possible minimum score of 25 and a maximum score of 125. Biology Attitude Scale (BAS) comprised of both positive and negative statements. The researcher followed separate criteria for marking both positive and negative statements. In case of positive statements i.e. Strongly Disagree = 1, Disagree = 2, Neutral = 3, Agree = 4, Strongly Agree = 5 and reversed in case of negative statements i.e. Strongly Disagree = 4, Neutral = 3, Agree = 2, Strongly Agree = 1.

#### **Factor Analysis**

To determine the factor structure of the scale, the data collected during the implementation of the scale were analyzed using SPSS version 23.0. The analysis of data collected following the application of the BAS was carried out using two main factor analysis techniques like Exploratory Factor Analysis (EFA) and Confirmatory Factor Analysis (CFA). The objective of EFA is to determine the implicit structure of the scale, and the purpose of using CFA is to verify the implicit structure determined (Secer, 2015). The purpose of using EFA is to ascertain the factor structure of the scale and to view the construct validity. In CFA, the construct validity is considered with the verification of determined scale factor structure (Buyukozturk et al., 2009). EFA is used for the reliability of the scale, while the CFA is used for the reliability of the model (Şencan, 2005). The analysis was completed by calculating the reliability of the scale after the analysis of the factors finished.

The Kaiser-Meyer-Olkin (KMO) test and Bartlett's Test of Sphericity measure of sampling adequacy were used to examine the suitability of factor analysis. The KMO test attempts to measure sampling adequacy, which varies between 0 and 1. When this value is high, it means that each variable of the scale can be estimated perfectly by the other variables of the scale. If the test result is greater than 0.5, the factor analysis can be continued (Sencan, 2005, p. 384). Kaiser (1974) stated that if this value is less than 0.5 it is not acceptable, if it is within 0.5 it is miserable, in the 0.6, it is poor, in the 0.7, it is average, in the 0.8, it is meritorious, and in the 0.9, it is wonderful. Bartlett's Test of Sphericity gives the value of the chi-square statistics. According to Sencan (2005), the acceptable value necessary to carry out factor analysis is that it must be less than 0.05.

There are different kinds of criteria used to determine the suitable number of factors for the scale under consideration. These include the eigenvalues, the total variance explained, and the scree plots (Buyukozturk, 2002). The most widely used criterion is of eigenvalues and determining factors that have an eigenvalue greater than 1 (Ozdamar, 2016). In the present study, the researcher follows the criterion of the scree plot graphic in which the vertical axis shows the eigenvalues and the horizontal axis shows the corresponding factors. The factor in which there are rapid declines shows the appropriate numbers of important factors (Cokluk et al., 2014).

In factor analysis, the items which should be part of the final scale depend upon their factor loadings of each item. According to Buyukozturk (2016), the factor load value should be 0.45 or higher but in normal practice, the limit values can be as low as 0.30. In the present study, the factor loading was considered to be more than 0.40. There are different types of methods of rotation while conducting factor analysis, but the most widely used method is varimax. The reason for using varimax rotation was to bring out the factor load variances uppermost by arranging the high ones higher for each factor and the low ones lower (Tabachnick and Fidell, 2013). In this study, the researcher used the varimax rotation method.

It is suggested that the alpha coefficient, which was developed by Cronbach and is a criterion for internal consistency, should be used to determine the level of reliability of a Likert-type attitude scale. The higher value of the alpha coefficient confirms how consistent the items selected for the final scale are as well as it shows that they consist of the items necessary to measure the factors of the same characteristics (Tavsancil, 2014). Finally, multivariate analysis of variance was used to determine the significant difference between the attitude of the students towards biology at the secondary level both in the case of gender and locality.

#### Results

#### Factor Structure of Biology Attitude Scale (BAS)

It is suggested to test the appropriateness of the data for conducting factor analysis by using Kaiser-Mayer-Olkin (KMO) and Barlett Sphericity Test (Ugulu, 2011). In the case of principal component factor analysis, the acceptable value of the KMO test is 0.681. Table 2, shows the values of KMO and Barlett's tests necessary for conducting factor analysis.

As can be seen from Table 2, KMO = 0.88 > 0.70 indicated that the sample data are appropriate for conducting factor analysis (Buyukozturk, 2004; Hair et al., 2006). The Bartlett's test showed that the correlation coefficients are not all zero (Table 2). In this study, the observed significance level was p > 0.001. The Bartlett's Test results of this study indicated that

Kaiser-Mayer-Olkin (KMO) For Sample Adequacy		0.880
Bartlett's Test of Sphericity	Chi-Square (Approx.)	3359.721
	df	300
	Sig.	0.000

 Table 2
 The results of Kaiser-Meyer-Olkin and Barlett's tests

p > 0.001.





Figure 1 The Scree Plot Graph of Biology Attitude Scale (BAS).

the chi-square was significant ( $\chi^2_{(300)} = 3559.721$ ; p > 0.001). Thus, both assumptions necessary for factor analysis are satisfied.

The scree plot graph of the BAS in which the eigenvalues are compared to the numbers of the factors. In this study, the investigator followed the criterion of eigenvalues  $\geq 1$  to determine the number of factors. Figure 1 clearly shows that the decline in the high curve was detected after the sixth factor. According to Field (2005), one could say that the attitude scale in biology has the sixth different factor.

#### **Exploratory Factor Analysis**

An exploratory factor analysis (EFA) was performed to observe the structure underlying the initial form of BAS with 25 items. A principal component analysis with Varimax Rotation was used to confirm the construct validity of BAS. EFA on the BAS extracted 6 different factors with eigenvalues exceeding 1.0. The results of the factor analysis, factor loadings and the variance explained were given in Table 3. These six factors explained 53.47% of the total variance of results. In general, three of six factors were represented by four items per each factor with loading more than 0.43. All items were carried because their factor loadings were more than 0.4 (Yavuz, 2005).

	Table 3 Facto	r Analysis C	DI BIOLOG	y auttude	Scale (E	(AS)	
S. No.	Items	$F_1$	$F_2$	$F_3$	$F_4$	$F_5$	F <sub>6</sub>
Factor I (A	ttitude toward bic	ology teache	r)				
1	Item04	0.794					
2	Item02	0.773					
3	Item11	0.753					
4	Item23	0.641					
5	Item15	0.705					
6	Item06	0.435					
Factor II (A	Attitude toward a	career in bio	ology)				
7	Item19		0.815				
8	Item03		0.799				
9	Item01		0.662				
10	Item09		0.628				
11	Item21		0.568				
Factor III (	Attitude toward th	ne importan	ce of biol	ogy)			
12	Item08			0.614			
13	Item13			0.557			
14	Item17			0.430			
15	Item25			0.540			
Factor IV (	Attitude toward d	lifficulties ir	h biology)	)			
16	Item02				0.543		
17	Item24				0.668		
18	Item05				0.489		
19	Item20				0.509		
Factor V (A	Attitude toward th	e methodolo	ogy of bio	ology)			
20	Item22					0.733	
21	Item10					0.582	
22	Item16					0.420	
23	Item18					0.412	
Factor VI (	Attitude toward the	he interest o	f biology	)			
24	Item 12						0.769
25	Item 07						0.444
Variance E	xplained (%)	14.50	13.07	7.61	7.38	6.08	4.83
Total Varia	nce Explained (%	)					53.47

 Table 3
 Factor Analysis of Biology attitude Scale (BAS)

		Factor Loading	
Factors	% of the Total Variance	From	То
$F_1$	14.50	0.412	0.794
$F_2$	13.07	0.489	0.815
$F_3$	7.61	0.430	0.614
$F_4$	7.38	0.509	0.668
$F_5$	6.08	0.420	0.733
F <sub>6</sub>	4.83	0.444	0.769

**Table 4** The results of factor loading and variance of each factor

As can be seen in Table 4, the first factor including six items that focus on "Teacher" explained 14.50% of the total variance and has factor loadings ranging from 0.412 to 0.794. The second factor including five items that focus on "Career" explained 13.07% of the total variance and has factor loadings ranging from 0.489 to 0.815. The third factor including four items that focus on "Importance" explained 7.61% of the total variance and has factor loadings ranging from 0.430 to 0.614. The fourth factor including four items that focus on "Difficulties" explained 7.38% of the total variance and has factor loadings ranging from 0.509 to 0.668. The fifth factor including four items that focus on "Methodology" explained 6.08% of the total variance and has factor loadings ranging from 0.420 to 0.733. The sixth factor including two items that focus on "Interest" explained 4.83% of the total variance and has factor loadings ranging from 0.444 to 0.769.

#### **Confirmatory Factor Analysis (CFA)**

The researcher performed Confirmatory Factor Analysis (CFA) using the statistical package analysis of moment structures (AMOS.21) to confirm the factor structure that emerged as a result of Exploratory Factor Analysis (EFA). To test the adequacy of CFA models, various fit indices were used. The multiple goodness-of-fit tests necessary for CFA were: Normed Fit Index (NFI); Comparative Fit Index (CFI); Tucker and Lewis's Index of Fit (TLI); and Root Mean Square Error Approximation (RMSEA). NFI is a normed fit index that has defined a tendency to study fit index in a large sample. It ranges between 0 and 1. It works for analyzing the change in fit between the hypothesized model and the independent model (Byrne, 2010). The independence

Table 5 Goodnes	s-of-fit stat	istics fo	or the five-	factor CF	A model	
Model Tested	$\chi^2$	df	CFI	NFI	TLI	RMSEA
Model Performance	661.672	220	0.85	0.798	0.832	0.063
Criterion for Goodness-of-fit	-	_	$\geq 0.90$	$\geq 0.90$	$\geq 0.90$	$\leq 0.10$

model compared with the hypothesized model assumes that the variables in the model are distinct. Similarly, CFI indicates the total co-variation in the model and ranges between 0 and 1. The model is considered a good fit for the data if the values of both NFI and CFI are equal or greater than 0.90. RMSEA is based on the analysis of residuals (Kelloway, 1998). The most probable value of the RMSEA index for a good model-data fir should be below 0.08 (Kline, 2011).

Initially, CFA was performed to determine the fit between the hypothesized model with 20 items obtained from EFA using SPSS version 23.0. The fitness of the model was checked by using four indexes like NFI, CFI, and RMSEA. RMSEA index indicated adequate fit value (RMSEA = 0.063), but other indexes like CFI, NFI, and TLI did not results in an acceptable range (NFI = 0.79, CFI = 0.85, and TLI = 0.83), resulting in a questionable fit of the model to the data. To determine the best fitting model for the given data, some modifications in specifications were made (See Table 5).

After excluding two items of BAS, CFA with 18 items was re-performed to identify the model that indicates the best fit. The second CFA resulted in five factors that confirmed the structure, which indicates a good fit for the data. This second CFA revealed that five factors occurred and confirmed the structure, which indicates the good fit for the data with the fit indexes like, NFI = 0.90, CFI = 0.93, and TLI = 0.91, and RMSEA = 0.05. All the path coefficients were found significant at p < 0.01 demonstrating a significant influence of each item to the connecting factor. It is illustrated in, Figure 3, that all five dimensions of BAS were allowed to correlate to each other.

## **Reliability Coefficient of BAS**

In this study, to determine whether the items of BAS were consistent with each other or not, Cronbach's alpha internal consistency coefficient was calculated for each dimension and the whole scale using SPSS 23.0 version (See Table 7). Further, the item-total correlation score of all items in each reliability analysis produced acceptable outcomes, which are more than 0.30 (Field, 2005; Erdogan et al., 2012).





**Figure 2** Standardized coefficients for the five-factors model for BAS based on CFA using AMOS 21.0. All the coefficients are significant at p < 0.001. NFI = 0.79, CFI = 0.85, and TLI = 0.83, RMSEA = 0.063. F<sub>1</sub>: Biology Teacher, F<sub>2</sub>: Biology Career, F<sub>3</sub>: Biology Importance, F<sub>4</sub>: Biology Difficulties and, F<sub>5</sub>: Biology Methodology.

Table 6         Goodness-of-fit statistics for the five-factor CFA model	L
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Model Tested	$\chi^2$	df	CFI	NFI	TLI	RMSEA
Model Performance	295.638	125	0.93	0.90	0.91	0.05
Criterion for Goodness-of-fit	-	_	$\geq 0.90$	$\geq 0.90$	$\geq 0.90$	$\leq 0.10$

# The Difference Between Groups in Attitudes Towards Biology

Summary of the descriptive analysis in Table 8 shows that females had higher mean scores than male students on five dimensions of a BAS.



**Figure 3** Standardized coefficients for the five-factors model for BAS based on CFA using AMOS 21.0. All the coefficients are significant at p < 0.001. NFI = 0.90, CFI = 0.93, and TLI = 0.91, RMSEA = 0.05. F<sub>1</sub>: Biology Teacher, F<sub>2</sub>: Biology Career, F<sub>3</sub>: Biology Importance, F<sub>4</sub>: Biology Difficulties and, F<sub>5</sub>: Biology Methodology.

Renat	onity of sub-s	cales and scale after fac
1	Factors	Cronbach's Alpha
Ī	$F_1$	0.83
]	$F_2$	0.82
]	F <sub>3</sub>	0.54
]	$F_4$	0.44
]	$F_5$	0.43
r	Total Scale	0.86

 Table 7
 Reliability of sub-scales and scale after factor analysis

Summary of the results in the above Table 9 containing F = 11.62 and p = 0.000 indicates that there is a significant difference between male and female students regarding attitude toward biology.

Table 10 shows the results of the multivariate analysis of variance (MANOVA) test of the difference between two groups of male and female students at each factor. There is a significant difference between two groups of male and female students in terms of factors like career, importance, and difficulties but there is no significant difference in the case of factors like teacher and methodology.

five dimensions of biology attitude scale
Gender
Male Female

Table 8 Summary of descriptive statistics of male and female students, simultaneously on

	Ma	le	Female		
Factors	Mean	S.D	Mean	S.D	
Teacher	26.09	5.86	27.04	5.27	
Career	20.0	5.02	22.73	5.18	
Importance	15.18	2.70	16.61	2.54	
Difficulties	9.39	2.46	10.27	2.29	
Methodology	11.03	2.29	11.21	1.96	

 Table 9
 Multivariate analysis of variance for the difference between male and female students' attitude toward biology

Multivariate Results						
Hypothesis df F Sig.						
Wilks' Lambda	5.0	11.62	0.000			

 Table 10
 Multivariate analysis of variance for the difference between male and female students five dimension of biology attitude scale

Factors	Type II Sum of Square	df	Mean Square	F	Sig.
Teacher	110.58	1	110.58	3.59	0.059
Career	918.32	1	918.32	35.09	0.000
Importance	252.80	1	252.80	36.88	0.000
Difficulties	94.53	1	94.53	16.83	0.000
Methodology	3.90	1	3.90	0.870	0.351

Summary of the descriptive analysis in Table 11 shows that students in public schools had higher mean scores than students in private schools on five dimensions of the BAS.

Summary of the results in the above Table 12 containing F = 19.72 and p = 0.000 indicates that there is a significant difference between public and private students regarding attitude toward biology.

Table 13 shows the results of the multivariate analysis of variance (MANOVA) test of the difference between two groups of public and private students at each factor. There is a significant difference between two groups of

- 01							
Type of School							
	Pub	lic	Priva	Private			
Factors	Mean	S.D	Mean	S.D			
Teacher	28.20	5.05	24.19	5.43			
Career	22.45	5.17	20.12	5.15			
Importance	16.62	2.38	14.99	2.88			
Difficulties	9.94	2.51	9.80	2.23			
Methodology	11.57	1.99	10.46	2.12			

 Table 11
 Summary of descriptive statistics of public and private students, simultaneously on five dimensions of biology attitude scale

 Table 12
 Multivariate analysis of variance for the difference between public and private students' attitude toward biology

Multivariate Results						
	Hypothesis df	F	Sig.			
Wilks' Lambda	5.0	19.72	0.000			

 Table 13
 Multivariate analysis of variance for the difference between public and private students five dimension of biology attitude scale

Factors	Type II Sum of Square	df	Mean Square	F	Sig.
Teacher	1916.46	1	1916.46	70.62	0.000
Career	647.30	1	647.30	24.23	0.000
Importance	318.01	1	318.01	47.30	0.000
Difficulties	2.292	1	2.292	0.395	0.530
Methodology	145.49	1	145.49	34.64	0.000

public and private students in terms of factors like teacher, career, importance, and methodology but there is no significant difference in case of difficulties.

## **Discussion and Conclusion**

The findings of this study showed that the BAS has good validity and reliability (coefficient alpha 0.86) among secondary school students in Islamabad. This corroborated with the result of Simpson and Oliver (1990), Atawater, Wiggins and Gardner (1995), Greenfield (1997), Spellman and Oliver (2001), and Liaghatdar, Soltani and Abedi (2011) which respectively have reliability

coefficient alpha to be 0.88, 0.88, 0.92, 0.87 and 0.84 for scale measuring student's attitude toward science.

The construct validity of BAS was examined using factor analysis with varimax rotation. The findings of the factor analysis revealed the six factors of the instrument like "Student's attitude toward Biology Teacher", "Student's attitude toward a Career in Biology", "Student's attitude toward Importance of Biology", "Student's attitude toward Difficulties in Biology", "Student's attitude toward Methodology of Biology, and "Student's attitude toward Interest in Biology". In the literature, factor loading  $\geq 0.30$  is suggested for item loadings (Lang, Wong and Fraser 2005; Martin-Dunlop and Fraser 2007). However, in the present study, items that do not have a factor loading of 0.40 were excluded from the final scale. This result is consistent with the study conducted by Ugulu (2013), which suggested a more conservative cut off score (<0.40) for retaining any items for the Traditional Knowledge Attitude Scale (TKAS). Six factors are explaining a total of 53.7% of the variance of the scale which is considered as sufficient variance explanation in social sciences. It is more than 35.8% explained variability in the case of the Persian form of attitude toward the science scale (Liaghatdar et al., 2011) and less than 62.89% explained variability in the case of TKAS (Ugulu, 2013). Overall, these findings support the factorial validity of the BAS.

The Confirmatory Factor Analysis (CFA) showed that all path coefficients were high and significant at p < 0.01 demonstrating a meaningful influence of each item to the corresponding scale. Researcher conducted two confirmatory factor analyses; the five-factor model was found to indicate a good fit with satisfactory fit indices (NFI = 0.90, CFI = 0.93, and TLI = 0.91 and RMSEA = 0.05). CFA indicates evidence for the construct validity of BAS. Finally, the BAS was found to consist of five factors underlying 18 items measured on a 5-point Likert type scale. The first factor consisted of five items that focus on student's attitudes toward Biology teachers. The second factor included six items that focus on a student's career in biology. The third factor consisted of two items that focus on student's difficulties in biology and the last fifth factor included three items that focus on student's importance of biology.

Cronbach's alpha reliability coefficient for the five sub-scales was also determined. The results of the reliability for the corresponding scales ranged from 0.43 to 0.83. It is said that scales with a reliability coefficient more than the value of 0.60 are considered acceptable for research purposes (Nunnally, 1967). The reliability coefficient of BAS was found to be 0.83.

It is clear from the results of this study that gender plays its role in the attitude of students towards biology at the secondary level in Islamabad. Because the female students show a more positive attitude towards biology than the male students, which is not corroborated by the results concerning the Iranian secondary students (Soltani and Nasr, 2010) and the Greek secondary students (Mavrikaki et al., 2012). This conclusion from the present study is corroborated by the study by Jebson and Hena (2015), who found that gender has an effect on students' attitudes towards science subjects but contradicts the sense that boys have a more positive attitude towards science subjects than girls. Although this finding is congruent with the result of Osborne and Collins (2000) and is not congruent with the results of Greenfield (1997) and Osborne et al. (2003). Similarly, the findings obtained using multivariate analysis of variance (MANOVA) showed that there is a significant difference between two groups of male and female students in terms of factors like career, importance, and difficulties but there is no significant difference in the case of factors like teacher and methodology.

The findings of this study show that there was a significant variation between the attitude of public and private students towards Biology, students in public schools have a more positive attitude than students in private schools. This result does not support by Hussaini et al. (2012) who found out that private school students have a more positive attitude towards Biology as compared to public school students. Similarly, the findings obtained using multivariate analysis of variance (MANOVA) showed that there is a significant difference between two groups of public and private students in terms of factors like teacher, career, importance, and methodology but there is no significant difference in the case of difficulties.

Previously, research studies used exploratory factor analysis to analyze the validity of the construction of the scale (Ahmad and Jamil, 2019; Yavas and Çagan, 2017). The present study used exploratory and confirmatory factor analysis to fill the gap in the literature because, after the exploratory factor analysis, confirmatory factor analysis is necessary to test whether the models estimate the theoretical constructs expected. Following the factor analysis procedure, six factors of the biological attitude scale (BAS) were identified. The results of the study show that the scale had a unidimensional construct. Also, an internal consistency reliability analysis was performed. Cronbach's alpha was 0.86, which shows high internal consistency. Female students exhibited a positive attitude as compared to male students. Likewise, students in public schools showed a positive attitude toward students in private schools. It is recommended that BAS be a reliable and valid measurement tool that can be used to determine the attitude of high school students towards biology.

## Recommendations

Based on the results of this study, it is recommended that biology teachers use teaching methodologies that guarantee a positive attitude of students towards biology at the secondary level. The nature of the content in biology is such that it contains concepts, sub-concepts, and links between the concepts. Therefore, it is the responsibility of curriculum designers to select and manage different concepts based on an individual's needs and aspirations. It is encouraged that the study is replicated in other disciplines such as physics, chemistry, mathematics, etc. as well as at the college level.

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